

"Once we believe in ourselves, we can risk curiosity, wonder, spontaneous delight, or any experience that reveals the human spirit." - E. E. Cummings

Dear Parent,

One of the greatest assets we can foster in our children is self-confidence. I am not referring to empty praise - telling a child "good job" for every act. Baseless praise, apart from effort and achievement, serves only to diminish a child's faith in his ability to face challenges.

Kids have a keen ear for false notes, even when it comes to praise! Instead, true self-confidence builds over time when parents, teachers and other role models recognize effort and allow kids to meet and overcome difficulty. Here are some tips from the Kumon library for instilling a solid foundation of self-worth:

1. **Praise effort as well as achievement.** After all, the achievement is only an accumulation of the effort towards it!
2. **Foster independence**, allowing children to make age-appropriate decisions. As they mature, provide them the opportunity to make decisions, exercising skills in good judgment.
3. **Be a positive role model** (and seek company with people who will encourage your children). Allow your children to see you developing your skills or meeting and overcoming challenges.
4. **Allow children to resolve issues.** It's natural to want to protect children from difficulty - or jump in and help with conflict - but this robs children of the skills and confidence gained when they face and work out problems.

Aside from the academic benefits, the Kumon method instills confidence as students move from achievement to mastery - and find encouragement and reward along the way. Children



Calling All Students Who Participated in the Summer Reading Challenge!

Please turn in your completed Book Tracker before the end of September.

All students who completed the challenge will be invited to a "field trip" to Menchie's in October!

We'll keep you posted once we have the date finalized.

Thanks!

who believe in themselves have an easier time handling conflicts and making good decisions, and they carry these skills with them throughout life.

It's our privilege to help in your child's journey toward academic confidence. As always, please don't hesitate to get in touch if you have any questions or concerns.

Thank you!

Sincerely,

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Class Hours

Mon: 2:30pm - 7:00pm

Tue: 2:30pm - 7:00pm

Thu: 2:30pm - 7:00pm

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