

DELIBERATE PRACTICE + PERSONAL TRAINING = LIFE-LONG ACHIEVEMENT

Dear Kumon Parents,

We've all heard the phrase "practice makes perfect" applied to sports, the arts and an array of vocations. The same has been said in the halls of education. While this adage proves true in many cases, when it comes to acquiring knowledge, rote memorization isn't enough.

Why? A 2008 [study](#) by the American Psychological Association found that repetition only doesn't equate to lasting knowledge. Building blocks only become solid knowledge when accompanied by personal learning, guidance and feedback.

This is the Kumon method, and it also leads to expanded capacity to:

- acquire more knowledge
- retain learning
- increase and sharpen learning and critical thinking skills.

What does deliberate practice look like? The study defines it as "goal-directed rehearsal paired with reflection on problem-solving processes." So, such practice is planned, consistent and independent, but it is not a solo endeavor. It doesn't require long hours. It does require focused daily commitment.

How does personal training help? Not surprisingly - and as many Kumon parents have found - students may not always find Kumon study enjoyable. Though it takes place in small intervals, such intense focus is hard work! Our role as instructors and parents is to encourage students by:

- Recognizing their success based on past work
- Affirming confidence in their ability to continue succeeding
- Designing learning that maximizes their opportunity for success.

The Kumon Method is an equation that works. All students work at their "just right" level, insuring mastery, proficiency and skill, preparing them fully for the work ahead.

Thank you for the opportunity to work with your child! My staff and I are excited to see your student grow and succeed - in our center, at school and in the years ahead.

Thank you!

Sincerely,

Jeannie Ianelli

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**Our center is CLOSED for Spring Break the week of April 11-15. Please visit our website, www.kumonuvillage.com, for our complete center schedule for the year.
*Happy Spring!***

Kumon of Seattle at University Village, 2625 NE 46th Street, Seattle WA 98105

